

# **Head Start Volunteer Opportunities**

## **Share a meal with the best company you could find!**

Do you have an hour to spend with the best conversationalist you will ever meet? Have breakfast or lunch with a great group of kids! You couldn't find a better breakfast and lunch crew. You can volunteer most any Monday through Friday. Please contact your local center to find out times. This is a great way to spend an hour. You can volunteer one time, anytime that you have a free hour, or every week.

## **Let's Play!!!**

In just an hour or two a week, you can make a lasting difference in children's lives just by spending some time playing, building puzzles, reading, and so much more. You can pick any Monday through Friday. Just let us know what day and time works best. You can help for one day, once a month, or even once a week.

## **Do you have a special skill to share?**

Children and families would love to have you teach, share, and connect with them! Whether you love to cook, create, share your culture, or play an instrument, children and families would love to meet you. If you want to share, but aren't sure exactly how, just let us know. We can't wait to hear from you and introduce you to everyone!

## **Join in the fun and go on a field trip!**

Who doesn't love field trips? Come have some fun with us and give kids a chance to explore their community! Even with plenty of teachers and Family Service Workers, kids can always use an extra hand to hold and adult to help them enjoy the adventure. Field trips are scheduled out with plenty of time to plan. We can let you know when a trip is coming up so you can join us if it fits into your week. We will do all of the hard work and prep. You can simply join the fun and keep an extra eye out to make sure that kids have fun and stay safe.

## **Help fill little bellies with a healthy breakfast and lunch!**

You can help make sure that kids can play and learn all day by helping prepare a healthy breakfast and lunch. Feeding classrooms of kids is a big and very important job that means even more when food is made with love! This is a great opportunity to help out when you can, fill in when help is most needed, or plan ahead to help on a regular basis.

### **Give kids a chance to show off their art!**

Kids love to show their parents, grandparents, teachers, friends, and anybody who will look their art. Really, who doesn't love to it when they show us what they put all of their energy into creating? You can help kids show off their work all school year long. Do you love bulletin boards? This is the opportunity for you! You can sign up to help spruce up the bulletin board for just one month this year, you can share the job with a friend, or you can work on it every month. It's up to you. Just let your creative juices flow!

### **Help families spend time reading together!**

Finding a cozy place to snuggle up and share a story means so much to all families. You can help Head Start families enjoy story times together through the book bag program. Some families aren't able to keep a variety of books and games at home. Through the book bag program, families are able to check out a new book and games to explore together each week.

You can make sure that all Head Start families have a chance to participate by helping organize the bag each week. We provide all the materials, so you can double check that all the games and books are in the bag and restock anything that's needed. If you aren't available every week, it's not a problem. This is a great job to share with other volunteers. If you love to find fun new games, we would love to have your help making new bags too.

### **Help families stay connected and get help when they need it most!**

Do you have a little time in your week to spend in the Head Start office? It is so important to families that they are able to reach their child's teacher, or connect with a Family Service Worker when in need. You can help make that happen! You can choose any amount of time that fits into your schedule on any Monday through Friday. You can even bring a book, your knitting, or something to do while you are here. All you need is to take calls and pass along messages. If you would like to do more in the office, just let us know. This is a great way to make a difference in your community when you might already be close by or even in the building. Just let us know when, and we will have everything ready for you.

### **Get the word out about Head Start!**

Do you wish more people knew about Head Start? You can help make that happen! We will give you everything you need, flyers, push pins, a stapler, so you can spread the word all across the area. We can even tell you where to go. You can simply leave a few flyers around town when you have a few minutes anytime, day or night. This is a great way to get involved even if you don't have a lot of extra time on your hands. Just let us know that you want to help. We will get you everything you need.